

PRACTICAL RECORD BOOK

GENERAL NURSING AND MIDWIFERY

According to Revised Indian Nursing Council Syllabus

STUDENT DATA

Name of Institute

Name of the Candidate

Father's Name

Date of Birth

Enrolment No.

Roll No. & Session

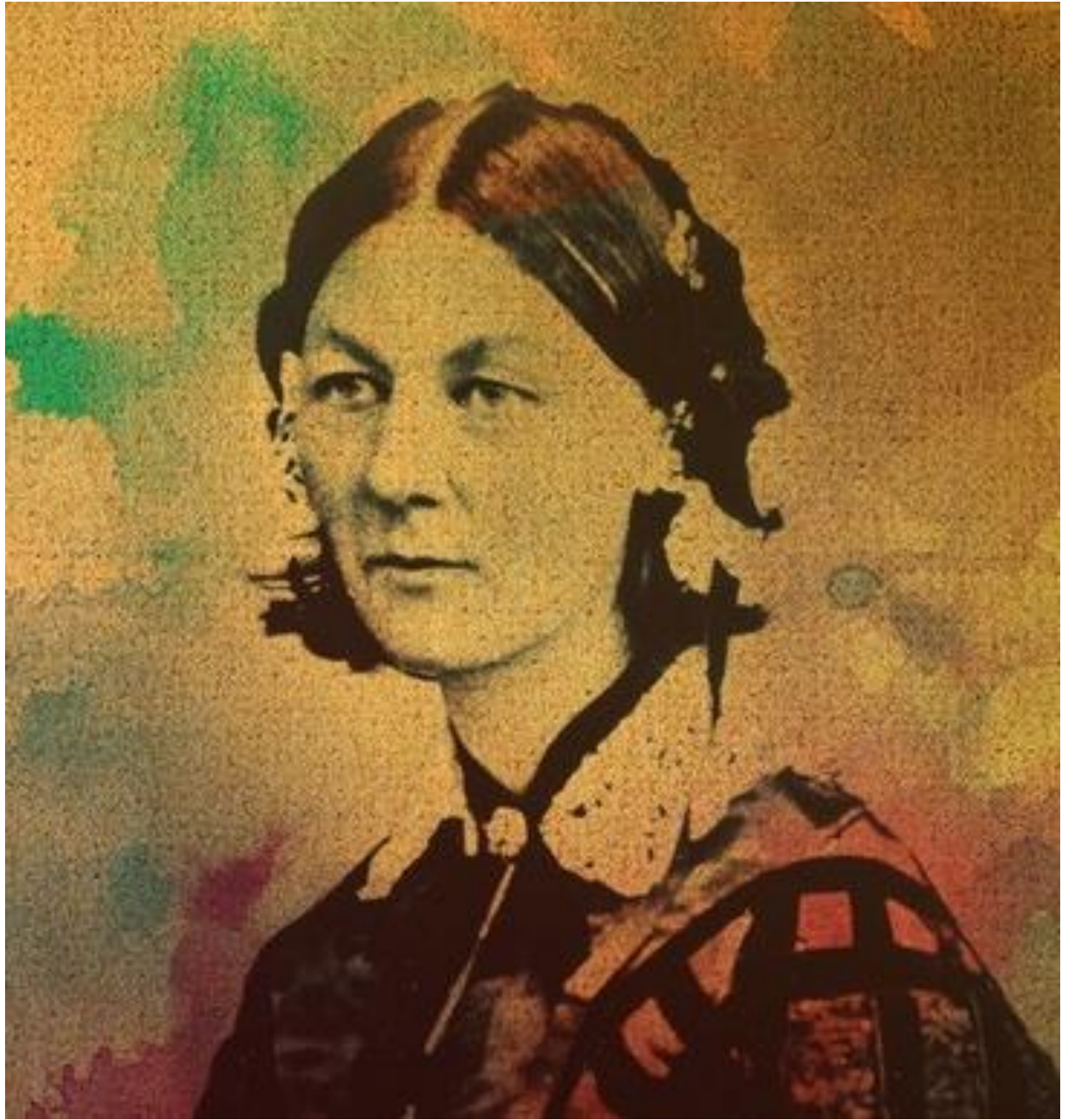
.....
Signature of Candidate

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Signature of Principal

PUNJAB NURSES REGISTRATION COUNCIL
SIKHIYA BHAWAN, 7TH FLOOR, E-BLOCK,
PHASE-8, SECTOR-62, (S.A.S. NAGAR) MOHALI

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The "Nightingale Pledge"



I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician, in his work, and devote myself to the welfare of those committed to my care.

***PRACTICAL CUMULATIVE RECORD
FOR GENERAL NURSING***

AND

MIDWIFERY COURSE

(As per Indian Nursing Council)

New Syllabus 2015

(3 Years GNM Course)



Prepared by :

Punjab Nurses Registration Council

***Sikhya Bhawan, 7th Floor, E-Block,
Phase-8, Sector-62, (S.A.S. Nagar), Mohali.***

PREFACE

*The Healthcare industry is constantly changing to adapt to the current needs of society. As the field of nursing education is growing, the role of the nursing students is also rapidly evolving. The values and skills are needed by the students in this era of dramatic change in the health care delivery system. To keep pace with these changes, **Punjab Nurses Registration Council** has taken an initiative to design GNM clinical record book. This cumulative clinical activity record book is designed according to revised GNM syllabus approved by INC. It aims to standardize the course study to provide a uniform format for all nursing schools. Every effort has been made to include all procedures according to the revised GNM syllabus.*

Nursing is a profession demanding nurses to have proper acquisition of three domains of education i.e. cognitive, psychomotor, communicative skills. Psychomotor domain is the skill to practice various nursing procedures. It is a vital component in clinical practice which needed adequate knowledge and perfection in performing skills/ procedures and repeated practice. Clinical activities mentioned in this record book are minimum requirements to obtain GNM diploma.

The core activities of clinical experience are that a student will be able to understand, comprehend and co-relate the theoretical knowledge with practice and develop various skills based on scientific principles in performing a number of clinical activities related to nursing.

***Surjeet Kaur,
M.Sc. Nursing (Community Health Nursing)
Registrar,
Punjab Nurses Registration Council***

G.N.M 1st Year

NURSING FOUNDATION

S. No.	NURSING SKILLS	Demonstration		Return Demonstration	
		Date	Signature	Date	Signature
1	Hospital Admission & Discharge				
a)	Admission				
	<ul style="list-style-type: none"> • Prepare the unit for a new patient • Prepare admission bed • Perform admission procedure • New patient • Transfer in • Prepare patient's record 				
b)	Discharge/Transfer				
	Gives discharge counseling				
	Perform discharge procedure (Planned discharge, Lama, Absconded, referrals, Transfers)				
	Prepare records of discharge/transfer				
	Dismantle and disinfect unit and equipment after discharge/ / transfer				
2	Perform assessment				
	<ul style="list-style-type: none"> • History taking • Formulation of nursing diagnosis • Problem list prioritization, Setting goals and expected outcomes • Selection of interventions 				
	Write nursing care plan				

S.No	NURSING SKILLS	Demonstration		Return demonstration	
		Date	Signature	Date	Signature
3	Communication				
	Use Verbal communication techniques				
	Non-Verbal communication techniques				
4	Prepare a plan for patient teaching session				
5	Write Patient Report				
	Change of Shift report				
	<ul style="list-style-type: none"> • Incident report • Transfer report • Present Patient Report 				
6	Vital Signs				
	Measure, records and interpret alterations in <ul style="list-style-type: none"> • Temperature • Pulse • Respiration • Blood Pressure 				
7	Health assessment				
	Health history taking				
	Perform assessment: general body systems				
	Use various methods of physical examination <ul style="list-style-type: none"> • Inspection • Palpation • Percussion • Auscultation • Olfaction 				
	Identification of system wise deviations				

S.No	NURSING SKILLS	Demonstration		Return demonstration	
		Date	Signature	Date	Signature
8	Prepare patients' units				
	<ul style="list-style-type: none"> • Open bed • Closed bed • Occupied bed • Operation bed • Cardiac bed • Divided bed • Fowler's bed • Pain assessment and provision for comfort 				
9	Use comfort devices Hygienic care				
	<ul style="list-style-type: none"> • Oral hygiene • Bed Bath • Care of pressure points • Hair wash • Pediculosis treatment 				
10	Feeding				
	<ul style="list-style-type: none"> • Oral feeding • Nasogastric feeding • Orogastric feeding • Gastrostomy feeding • Parenteral feeding • Nasogastric tube insertion • NG tube suction • NG tube irrigation 				
11	Assisting the patient in bowel elimination				
	<ul style="list-style-type: none"> • Insertion of flatus tube • Enema • Insertion of suppository • Bowel wash 				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
12	<i>Assisting the patient in Urinary elimination</i>				
	<ul style="list-style-type: none"> • <i>Providing urinal/bed pan</i> • <i>Articles for condom drainages</i> • <i>Condom drainage</i> • <i>Catheterization</i> • <i>Perineal care</i> • <i>Bladder irrigation</i> • <i>Care of Urinary drainage</i> 				
13	<i>Body alignment and mobility</i>				
	<i>Range of motion exercises</i>				
	<i>Positioning :</i> <ul style="list-style-type: none"> • <i>Recumbent position</i> • <i>Lateral position</i> • <i>Fowlers position</i> • <i>Sims position</i> • <i>Lithotomy position</i> • <i>Prone position</i> • <i>Trendelenburg position</i> 				
	<ul style="list-style-type: none"> • <i>Assist patient in moving</i> • <i>Assist patient in lifting</i> • <i>Assist patient in transferring</i> • <i>Assist patient in walking</i> 				
	<i>Restraints</i>				
14	<i>Oxygen administration</i>				
	<ul style="list-style-type: none"> • <i>Mask</i> • <i>Prongs</i> • <i>Tents</i> • <i>Catheters</i> 				
15	<i>Suctioning :</i>				
	<ul style="list-style-type: none"> • <i>Oropharangeal</i> • <i>Nasopharangeal</i> 				

S.No	NURSING SKILLS	Demonstration		Return demonstration	
		Date	Signature	Date	Signature
16	Chest physiotherapy and postural drainage				
17	Care of chest drainage				
18	CPR - Basic life support				
19.	Observation of intravenous therapy.				
20	Blood & blood component Therapy				
21	Assist/Collect for collection of specimens for investigators				
	<ul style="list-style-type: none"> • Urine • Sputum • Faeces • Gastric Aspirate • Blood • Other body fluids 				
22	Perform Lab test				
	Urine : <ul style="list-style-type: none"> • Albumin • Sugar • Acetone • Blood Sugar (with strip/ glucometer) 				
23	Application of hot and cold therapies:				
	<ul style="list-style-type: none"> • Local and general • Dry and moist 				
24	Communicating & Assisting with Self care of				
	<ul style="list-style-type: none"> • Visually impaired • Hearing impaired • Mentally challenged/ disturbed patients 				

S.No	NURSING SKILLS	Demonstration		Return demonstration	
		Date	Signature	Date	Signature
25	Recreational & diversional therapy				
	<i>Caring of patient with Altered Sensorium</i>				
26	Infection Control				
	<i>Hand Washing techniques</i> <ul style="list-style-type: none"> • <i>Simple, hand antisepsis and surgical antisepsis (scrub)</i> • <i>Prepare isolation unit in lab/ward</i> • <i>Practice technique of wearing and removing personal protective equipment (PPE)</i> • <i>Practice standard safety precautions (Universal precautions)</i> 				
27	Decontamination of equipment & unit.				
	<i>Surgical asepsis</i>				
	<i>Sterilization</i>				
	<i>Handling sterilized equipment</i>				
	<i>Calculate strength of solutions</i>				
	<i>Prepare solutions</i>				
	<i>Care of articles</i>				
28	Pre & Post operative care				
	<i>Skin preparation for surgery : local</i>				
	<i>Preparation of post operative unit</i>				
	<i>Pre & post operative teaching and counseling</i>				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
	<i>Pre & post operative monitoring</i>				
	<i>Care of Wound</i>				
	<i>Dressing of minor wounds , care of drainage / application of binders , splints & slings.</i>				
	<i>Bandaging of various body parts.</i>				
29	<i>Administration of Medications</i>				
	<ul style="list-style-type: none"> • <i>Oral medications</i> • <i>Sublingual medications</i> • <i>Buccal medications</i> • <i>Parenteral medications:-</i> <ul style="list-style-type: none"> • <i>Intradermal</i> • <i>Subcutaneous</i> • <i>Intramuscular</i> 				
	<ul style="list-style-type: none"> • <i>Assist with intravenous medications.</i> • <i>Drug measurements and dose calculation</i> • <i>Preparation of lotions and solutions</i> • <i>Administration of topical medications</i> • <i>Insertion of drug into body cavity: suppository & medicated packing.</i> 				
	<i>Instillation of medication in to ear , eye , nose and throat</i>				
	<i>Irrigations : eye , ear, bladder, vagina, rectum</i>				
	<i>Inhalation : dry and moist</i>				
	<i>Medicated Nebulization</i>				
	<i>Identification of spurious drugs</i>				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
	<i>Record date, time , medication, dose, route and sign immediately after administration</i>				
30	<i>Care of Dying patient</i>				
	<i>Provide care for terminally ill</i>				
	<i>Caring & packing of dead body</i>				
	<i>Counseling & supporting Grieving relatives</i>				
	<i>Handing over the body and valuables</i>				
	<i>Transferring to mortuary with proper identification</i>				
	<i>Terminal care of Unit</i>				

Signature of Subject Coordinator

G.N.M 1st Year

COMMUNITY HEALTH NURSING – I

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return Demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
1	<i>Conduct Health Survey in the Rural area</i>				
2	<i>Conducting home visit</i>				
3	<i>Nutritional assessment of individuals</i>				
4	<i>Provide care at home as per standing orders/ protocols</i>				
5	<i>Conduct health education</i>				
6	<i>Setup of different clinics</i>				
7	<i>Maintain records and reports</i>				
8	<i>Practice family health nursing</i>				
9	<i>Demonstrate different methods of preparation of meals</i>				

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Signature of Subject Coordinator

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Signature of Principal

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Signature of Internal Examiner

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Signature of External Examiner

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Signature of Internal Examiner

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Signature of External Examiner

(Supplementary Examination)

(Supplementary Examination)

G.N.M 2nd YEAR

MEDICAL SURGICAL NURSING

S.No	NURSING SKILLS	Demonstration		Return Demonstration	
		Date	Signature	Date	Signature
1	Assessment of the patient				
	<ul style="list-style-type: none"> -Take history -Perform general & specific physical examination -Identify alterations and deviations Practice medical surgical as standard safety measures Administer medications -Oral - Sub-lingual - Intra-dermal - Subcutaneous - Intramuscular - Intravenous -Intravenous therapy - IV canulation - Maintenance & monitoring 				
2	Care in Respiratory, GI, Haematological and Renal system				
	<ul style="list-style-type: none"> -Oxygen therapy-mask, prongs & tent -Nebulization -Chest physiotherapy -Naso-gastric feeding -Naso-gastric aspiration -Assist in common diagnostic procedures -Perform/assist in therapeutic procedures -Transfusion of Blood & its components -Throat suctioning -ET suctioning -Collect specimens for common investigations 				

S.No	NURSING SKILLS	Demonstration		Return-Demonstration	
		Date	Signature	Date	Signature
	-Maintain elimination				
	-Catheterization -Educate & counsel patient & family regarding specific disease conditions.				
3	Providing Pre and Post-operative Nursing Care				
	-Practice medical-surgical asepsis - Practice standard safety precautions. -Pre-operative preparation of patient -Post-operative care <input type="checkbox"/> Receiving <input type="checkbox"/> Assessment <input type="checkbox"/> Monitoring -Care of wounds and drainage -Suture removal -Ambulation & exercises -Naso-gastric aspiration -Care of chest drainage -Ostomy care <ul style="list-style-type: none"> • Gastrostomy • Enterostomy • Colostomy • Transfusion of blood & its components • Practice Universal precautions 				
4	Operation Theater				
	-Perform scrubbing, gowning & gloving <ul style="list-style-type: none"> • Identify instruments • Suturing materials for common operations • Disinfection • Carbolization sterilization & fumigation 				

S.No	NURSING SKILLS	Demonstration		Return-Demonstration	
		Date	Signature	Date	Signature
	<ul style="list-style-type: none"> -Prepare the OT table depending upon the operation -Positioning and monitoring of patient -Assisting with minor & major operations -Handling specimens -Segregation and disposal of biomedical waste as per guidelines 				
5	ICU				
	<ul style="list-style-type: none"> -Connect and monitor ECG & pulse oxymetry -Assist in endo-tracheal intubation -Suctioning-provide care of a patient on ventilator -Handling emergency drug trolley/crash cart. -Assisting in insertion of central line and monitoring Central venous pressure 				
6	Geriatric Nursing				
	<ul style="list-style-type: none"> -Assessment of Geriatric - Identify the health problems among the elderly (psychological, social and spiritual needs of the elderly) and provide specific care - Health promotion of the elderly 				
7	Oncological nursing				
	<ul style="list-style-type: none"> - Screen for common cancers – Tumor Node Metastasis (TNM) classification. -Assist with diagnostic procedures. - Biopsies. - Pap smear - Bone-marrow aspiration. - Assist with therapeutic 				

S.No	NURSING SKILLS	Demonstration		Return-Demonstration	
		Date	Signature	Date	Signature
	<p>procedures.</p> <ul style="list-style-type: none"> - Observe various modalities of treatment. 				
	<ul style="list-style-type: none"> - Chemotherapy - Radiotherapy - Pain management - Stoma care - Hormonal therapy - Immunotherapy - Gene therapy - Alternative therapy - Participate in palliative care. - Counsel and teach patients families. 				
8	Dermatology and burns				
	<ul style="list-style-type: none"> - Assessment of the burn patient <ul style="list-style-type: none"> • Percentage of burns • Degree of burns • Dressing - Fluid & electrolyte replacement therapy <ul style="list-style-type: none"> • Assess • Calculate • Replace • Record • Intake/output - Assessment & Care of patients with dermatological disorders. - Administer topical medications <ul style="list-style-type: none"> • Give medicated baths - Perform active and passive exercises - Perform medical & Surgical asepsis. - Counsel & Teach patients and families 				

S.No	NURSING SKILLS	Demonstration		Return-Demonstration	
		Date	Signature	Date	Signature
9	Ophthalmology				
	<ul style="list-style-type: none"> - Assist with diagnostic procedures. - Assist with therapeutic procedures - Perform/assist with irrigations. - Apply eye bandage. - Apply eye drops/ointments. <p>Teach patients and families</p>				
10	Perform examination of ENT				
	<ul style="list-style-type: none"> -Assist with therapeutic procedures. -Instillation of drops. - Perform/assist with irrigations. - Apply ear bandage. - Perform tracheostomy care. - Health education to patients and families 				
11	Cardio vascular assessment				
	<ul style="list-style-type: none"> -Recording ECG and identify basic changes in ECG -Monitoring of patients in on cardiac monitor -Preparing and assisting of frequently performed diagnostic and therapeutic, non –invasive and invasive procedures - Administer cardiac drugs - Advanced / Basic Cardiac Life Support (ACLS/BLS) -Monitoring and caring for patients with chest drainage - Assist in defibrillation - Monitoring of patients in ICU. - Maintain flow sheet. - Perform Endotracheal suction. - Demonstrates use of ventilators, 				

S.No.	NURSING SKILL	Demonstration		Return –Demonstration	
		Date	Signature	Date	Signature
	<p>cardiac monitors etc.</p> <ul style="list-style-type: none"> - Collect specimens and interprets ABG analysis. - Assist with arterial puncture. - Maintain CVP line. - Pulse oximetry. - CPR – ALS - Defibrillators. - Bag- mask ventilation. - Emergency tray/trolley – Crash Cart. - Administration of drugs <ul style="list-style-type: none"> • Infusion pump • Epidural. • Intra thecal • Intracardiac - Total parenteral therapy - Chest physiotherapy. - Perform active & passive exercises 				
12	Assessment of orthopedic patients				
	<ul style="list-style-type: none"> - Assist in the application of plaster cast and removal of cast - Assist in applying skin traction, bucks extension traction - Assist in application and removal of prosthesis - Physiotherapy - Crutch maneuvering technique - Ambulation 				
13	Assessment of patients with communicable diseases				
	<ul style="list-style-type: none"> - Use of personal protective equipment (PPE) and barrier nursing - Health teaching for prevention of infectious diseases - Counseling of HIV/AIDS patients - Counseling of family members 				

14	Emergency and Disaster				
	<ul style="list-style-type: none"> - Practice 'triage'. - Assist with assessment, examination, investigation & their interpretation in Emergency and disaster situations. - Provide first aid- ACLS / BLS Assist in legal documentations and Procedures in emergency unit. - Counsel patient and families grief and Bereavement 				

Signature of Subject Coordinator

G.N.M 2nd Year

MENTAL HEALTH NURSING

S.No	NURSING SKILLS	Demonstration		Return demonstration	
		Date	Signature	Date	Signature
1.	Psychiatric OPD				
	<i>History taking</i>				
	<i>Perform mental status examination</i>				
	<i>Assist in psychometric assessment</i>				
	<i>Observe and assist in therapies</i>				
	<i>Teach patients and family members</i>				
2.	Child Guidance Clinic				
	<i>History taking</i>				
	<i>Perform mental status examination</i>				
	<i>Observe and assist in therapies</i>				
	<i>Health education of family members and significant others</i>				
	<i>Counsel family members and significant others</i>				
3.	Inpatient Ward				
	<i>History taking</i>				
	<i>Perform mental status examination</i>				
	<i>Observe and assist in therapies</i>				
	<i>Provide nursing care to mentally ill patient</i>				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
	<i>Health educate family members and significant others</i>				

Signature of Subject Coordinator

G.N.M 2nd YEAR

CHILD HEALTH NURSING

S.NO	NURSING SKILLS	Demonstration		Return demonstration	
		Date	Signature	Date	Signature
1.	Paediatric Medicine Ward				
	<i>Taking Paediatric history</i>				
	<i>Perform physical examination and assessment of children</i>				
	<i>Administration of oral, I/M & I.V medicine / fluid</i>				
	<i>Calculation of fluid requirements</i>				
	<i>Prepare different strengths of I.V fluids</i>				
	<i>Apply restraints</i>				
	<i>Administer O2 inhalation by different methods</i>				
	<i>Feed children by katori (bowl) and spoon, pallada etc</i>				
	<i>Collect specimens for common investigations</i>				
	<i>Assist with common diagnostic procedure</i>				
	<i>Teach mothers/parents on balance diet for child of different age group.</i>				
	<i>Oral rehydration therapy</i>				
	<i>Feeding and weaning</i>				
	<i>Play therapy</i>				
	<i>Check vital signs</i>				
	<i>Give enema</i>				
	<i>Insert suppositories</i>				

<i>S.NO</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
2.	<i>Peadiatric Surgical Ward</i>				
	<i>Do bowel wash</i>				
	<i>Care for ostomies :</i>				
	<ul style="list-style-type: none"> • <i>colostomy irrigation</i> • <i>ureterostom</i> • <i>gastrostomy</i> • <i>enterostomy</i> 				
	<i>Urinary catheterization and drainage</i>				
	<ul style="list-style-type: none"> - <i>Feeding :</i> • <i>Nasogastric</i> • <i>Gastrostomy</i> • <i>jejunostomy</i> 				
	<i>Care of surgical wound dressing</i>				
	<i>Suture removal</i>				
3.	<i>Pediatric O.P.D/ Immunization Room/ Well Baby Clinic/ Adolescent Clinic</i>				
	<i>Assessment of children</i>				
	<i>Health assessment</i>				
	<i>Developmental / assessment</i>				
	<i>Anthropometric assessment</i>				

<i>S.NO</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
	<i>Immunization</i>				
	<i>Health/nutritional education</i>				

Practical-I Medical Surgical Nursing I & II

Signature of Internal Examiner

Signature of External Examiner.....

Practical-II Child Health Nursing

Signature of Internal Examiner.....

Signature of External Examiner.....

Practical-III Mental Health Nursing I

Signature of Internal Examiner.....

Signature of External Examiner.....

G.N.M 3rd Year

MIDWIFERY & GYNAECOLOGICAL NURSING

S.No	NURSING SKILLS	Demonstration		Return Demonstration	
		Date	Signature	Date	Signature
1.	Antenatal Clinic				
	Diagnose pregnancy using pregnancy detection kit (preg-card)				
	Antenatal history taking.				
	Physical examination.				
	Antenatal examination – abdomen and breast.				
	Recording weight and BP.				
	Hemoglobin estimation.				
	Urine testing for sugar and albumin.				
	Immunization.				
	Assessment of risk status.				
	Antenatal counseling.				
	Maintenance of antenatal records.				
	SBA module.				
2.	Labour Room				
	Assessment of woman in labour				
	Vaginal examinations (PV) and their interpretation				
	Monitoring women in labour using the partograph				
	Caring for women in labour				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
	<i>Setting up of the labour unit including the newborn corner.</i>				
	<i>-Conduct normal delivery including active management of third stage of labour</i>				
	<i>Provide essential newborn care</i>				
	<i>Immediate newborn assessment</i>				
	<i>Resuscitation of the newborn</i>				
	<i>Assessment of the risk status of the newborn</i>				
	<i>Episiotomy and suturing</i>				
	<i>Administration of uterotonic drugs- oxytocin , misoprostol</i>				
	<i>Administration of magnesium sulphate</i>				
	<i>Maintenance of labour and birth records.</i>				
	<i>SBA module</i>				
3.	<i>Operation Theatre</i>				
	<i>Preparation for caesarean section and other surgical procedures</i>				
	<i>Assist in caesarean section</i>				
	<i>Prepare and assist in MTP procedures</i>				
	<i>Prepare and assist for tubectomy</i>				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
4.	<i>Post-natal Ward</i>				
	<i>Examination and assessment of mother and the baby</i>				
	<i>Identification of deviations</i>				
	<i>Care of postnatal mothers and baby</i>				
	<i>Perineal care</i>				
	<i>Breast care</i>				
	<i>Lactation management</i>				
	<i>Breast feeding</i>				
	<i>Kangaroo mother care (KMC)</i>				
	<i>Immunization</i>				
	<i>Teaching postnatal mother on mother craft, postnatal care, exercise, immunization</i>				
5.	<i>NICU</i>				
	<i>Newborn assessment</i>				
	<i>Admission of neonates</i>				
	<i>Feeding of high risk newborn – katori spoon, paladai, tube feeding, total parenteral nutrition</i>				
	<i>Thermal management of newborn</i> <ul style="list-style-type: none"> • <i>Kangaroo mother care.</i> • <i>Care of baby in radiant warmer</i> • <i>Care of baby in incubator</i> 				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
	<i>Monitoring and care of neonates</i>				
	<i>Administration of medications</i>				
	<i>Intravenous therapy.</i>				
	<i>Assisting in diagnostic procedures</i>				
	<i>Assist in exchange transfusion</i>				
	<i>Care of baby in ventilator, phototherapy</i>				
	<i>Practice infection control protocols</i>				
	<i>Health education and counseling of parents.</i>				
	<i>Maintenance of records and reports.</i>				
6.	<i>Family Welfare Clinic</i>				
	<i>Family planning counseling techniques</i>				
	<i>Insertion of IUCD</i>				
	<i>Teaching by demonstration on the use of different family planning methods</i>				
	<i>Arrange for and assist with family planning operations</i>				
	<i>Maintenance of records and reports</i>				
7.	<i>Gynecology Ward</i>				
	<i>Assist with gynaecological examination</i>				
	<i>Assist and perform diagnostic and</i>				

<i>S.No</i>	<i>NURSING SKILLS</i>	<i>Demonstration</i>		<i>Return demonstration</i>	
		<i>Date</i>	<i>Signature</i>	<i>Date</i>	<i>Signature</i>
	<i>therapeutic procedures Teach women on Breast Self Examination(BSE)</i>				
	<i>Health education on</i> <ul style="list-style-type: none"> • <i>Perineal hygiene.</i> • <i>Prevention of sexually transmitted infections.</i> 				
	<i>Pre and post operative care of women undergoing gynecological surgeries</i>				
	<i>Menopause counseling.</i>				

Signature of Subject Coordinator

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G.N.M 3RD Year

COMMUNITY HEALTH NURSING II

S.No	NURSING SKILLS	Demonstration		Return demonstration	
		Date	Signature	Date	Signature
1.	Assisting in set up and conduct of the clinics				
2.	Providing domiciliary care to the antenatal and postnatal cases using bag and / domiciliary obstetric kits				
3.	Performing nursing care at home				
4.	Preparing and conducting health teaching on reproductive and child health care issues				
5.	Assisting in organizing camps				
6.	Maintaining records and reports at primary health care centers				
7.	Assisting in activities of family welfare				
8.	Participating in school health services				

Signature of Subject Coordinator

Signature of Principal

Practical-I Midwifery

Signature of Internal Examiner.....

Signature of External Examiner.....

Practical-II Community Health Nursing

Signature of Internal Examiner.....

Signature of External Examiner.....